JANUARY 2020 CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Holiday Hours New Year's Eve / New Year's Day Facility 6am-6pm / 8am-6pm Kids Core 7:30am-Noon / 8am-Noon Cafe 9am-6pm / 9am-6pm /SportsCore @KohlerSportsCore			1 New Year's Day Group Ex: 8:15am Cycle 60 9:30am BODYPUMP 60 New Member Promo: 50% Off Enrollment Fee (Thru Jan. 31)	2 Adult Tennis Mixer $ 10am-Noon	3 Pickleball Open Play $ 12-2pm	4 Grandparents Weekend barRe-PM (barre + RPM + meditation) $ 8:30am
5 Grandparents Weekend	6 Tennis Winter Session Begins (Thru Mar. 22) Youth Boxing 101 Begins (Thru Feb. 6) $ 5:15-6pm	7 Youth Bootcamp Session Begins (Thru Feb. 11) $ 4:30pm	8 FIT TYKES $ 9:30-10:30am Register for Winter Shred $ (Thru Jan. 31)	9 Member Guest Day Half-price guest fees Youth Boxing 101 $ 5:15-6pm	10 Tiny Dancers $ (Thru Feb. 14) 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Pickleball Open Play $ 12-2pm Kids Night Out *Swim* $ 5-9pm	11 BODYPUMP r.112 Launch 8am
12	13 Member Appreciation Week (Thru Jan. 17) Winter Swim Lessons Begin (Thru Mar. 5) Youth Boxing 101 $ 5:15-6pm	14 Blood Drive 2-7pm *#SportsCoreGivesBack* Youth Bootcamp $ 4:30pm	15 Kids Motion $ 9:30-10:30am	16 Youth Boxing 101 $ 5:15-6pm	17 Strength & Splash $ 8:30-11:30am Tiny Dancers $ 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Pickleball Open Play $ 12-2pm Lycra & Legwarmers- 80's Aerobics $ 6pm	18 Grandparents Weekend
19 Grandparents Weekend UTR Junior Tennis Tournament 12:30pm	20 Youth Boxing 101 $ 5:15-6pm Martin Luther King Jr. Day	21 Youth Bootcamp $ 4:30pm	22	23 Youth Boxing 101 $ 5:15-6pm	24 Tiny Dancers $ 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Pickleball Open Play $ 12-2pm Kids Night Out *Swim* $ 5-9pm	25 Member Guest Day Half-price guest fees
26	27 Youth Boxing 101 $ 5:15-6pm	28 Youth Bootcamp $ 4:30pm	29 FIT TYKES $ 9:30-10:30am	30 Tomorrow is the last day to register for Winter Shred! (4-Week Program) $ Youth Boxing 101 $ 5:15-6pm	31 Tiny Dancers $ 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Pickleball Open Play $ 12-2pm	

BLUE = TENNIS EVENT ORANGE = KIDS CORE GREEN = FITNESS SOCIAL PURPLE = COMPLIMENTARY EVENT

$ Fees Apply, ask a Reception Desk associate for details.

SPORTS CORE

FEBRUARY 2020 CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February is Heart Health Month Heart disease is the leading cause of death for both men and women in the United States. The good news? It is also one of the most preventable. Making heart-healthy choices, knowing your family health history and risk factors for heart disease, having regular check-ups and working with your physician to manage your health are all integral aspects of saving lives from this often silent killer. **Participate in the **Cardio Heart Challenge** Feb. 1-29. Complete 30 minutes of cardio exercise to earn hearts. Earn 12 hearts for a complimentary guest pass. Participate by filling out a form in the binder outside of the FTC.**					@KohlerSportsCore /SportsCore	1 Grandparents Weekend Kids Day Out $ 12-4pm
2 Grandparents Weekend	3 Youth Boxing 101 $ 5:15-6pm	4 Youth Bootcamp $ 4:30-5:15pm	5	6 Member Guest Day Half-price guest fees Youth Boxing 101 (Last Class of Session) $ 5:15-6pm	7 Tiny Dancers $ 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Pickleball Open Play $ 12-2pm Great Lakes Women's Tennis Invitational National Wear Red Day in Support of Heart Health	8 Great Lakes Women's Tennis Invitational
9 Great Lakes Women's Tennis Invitational	10 Youth Boxing 101 Begins (Thru Mar. 12) $ 5:15-6pm	11 Youth Bootcamp $ 4:30-5:15pm	12 Kids Motion $ 9:30-10:30am	13 Youth Boxing 101 $ 5:15-6pm	14 Tiny Dancers $ (Last Week) 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Pickleball Open Play $ 12-2pm Barre with Bae $ 6pm Kids Night Out *Swim* $ 5-9pm	15 Grandparents Weekend
16 Grandparents Weekend UTR Junior Tennis Tournament 12:30pm	17 Strength & Splash $ 8:30-11:30am Youth Boxing 101 $ 5:15-6pm Presidents' Day	18 Youth Bootcamp Session Begins (Thru March 31 w/ no class on March 2) $ 4:30-5:15pm	19	20 Fireside Chat w/ Member Services (Donuts, Fruit & Coffee in lobby) 7:30-9am Youth Boxing 101 $ 5:15-6pm	21 Tiny Dancers $ (Thru Apr. 3 & No Class Mar. 27) 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Pickleball Open Play $ 12-2pm Legends Weekend $ 6:30-8pm	22 Legends Weekend with Tom Gullikson $ 9am-Noon
23	24 Youth Boxing 101 $ 5:15-6pm	25 Youth Bootcamp $ 4:30-5:15pm Member Guest Day Half-price guest fees	26 FIT TYKES $ 9:30-10:30am	27 Youth Boxing 101 $ 5:15-6pm	28 Tiny Dancers $ 2-3.5 yrs: 10:45am-11:15am 3.5-5 yrs: 11:15-11:45am Dance for the Dogs 6pm *Class to Benefit Sheboygan County Humane Society* USTA Combo State Championships Kids Night Out *Swim* $ 5-9pm	29 USTA Combo State Championships

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