

# MENU OF TREATMENTS

2016-2017

K O H L E R  
*Waters*  
S P A.

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AT BURR RIDGE







## WELCOME TO KOHLER WATERS SPA

Water is essential to life. As water ebbs and flows, so do our lives. At Kohler Waters Spa we help you de-stress, reconnect and take care of you.

Immerse yourself in innovative water treatments, therapeutic massages and results-oriented facial and body treatments. Living a life of balance is a gift.

## CIRCLE OF TRANQUILITY WATER EXPERIENCES

Before your treatment, relax your body and mind with a self-guided water tour.

The Circle of Tranquility is for both men and women and anchored by three distinct shower experiences:

### ENVELOP - QUENCH - DELUGE

Begin your journey in the Envelop shower with complete-coverage shower sprays.

Continue to the Quench shower where refreshing cool water sprays converge from every direction, reviving the body and spirit.

Finally, relax beneath a Deluge shower of six invigorating clear columns of water.

Immerse yourself in a 25-foot whirlpool, and enjoy both invigorating and effervescent water experiences. Slip under an 8-foot waterfall, and let the waters massage your shoulders and stress points.

Calm your senses in the steam room or sauna. Finish it all with a quick plunge in the 8-foot cool dip pool. The best part is . . . this is just the beginning.

*Bathing suits required.*

## MASSAGE THERAPIES

All massage treatments provide tension release, stress reduction, circulation enhancement and overall wellness. All services include a consultation to focus on areas of need.

### WHEN LIFE HANDS YOU LEMONS MASSAGE - NEW

Enjoy a deeply soul-soothing, yet therapeutic massage without using deep pressure. Designed for those that have gone through or are going through a rough time, this treatment brings about a deep sense of calm and relaxation. The products used in this service have been selected for their immune-boosting and mood-lifting properties.

50 minutes	\$150	Saturday	\$160
80 minutes	\$183	Saturday	\$193

### ALL THINGS KOHLER MASSAGE - SIGNATURE TREATMENT

Designed by our very own Kohler team, you will experience a blend of their favorite personal techniques, beginning with a relaxing footbath followed by a harmonious full-body massage, featuring our signature scent, Hollyhock.

80 minutes	\$193	Saturday	\$203
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### WOODSMAN MASSAGE

This service combines several therapeutic massage techniques to reduce tension, alleviate muscular pain and increase flexibility. Incorporating the healing properties of pine, you will leave relaxed and recharged.

*80 minutes includes back exfoliation.*

50 minutes	\$150	Saturday	\$160
80 minutes	\$183	Saturday	\$193

### **CUSTOM MESSAGE**

This universal and fully customized massage encourages full-body relaxation. A variety of techniques and ranges of pressure are used to meet your specific needs.

50 minutes	\$150	Saturday	\$160
80 minutes	\$183	Saturday	\$193

### **DEEP TISSUE**

50 minutes	\$161	Saturday	\$171
80 minutes	\$194	Saturday	\$204

### **MESSAGE TWO-GETHER**

You and a friend or partner will experience spa services together with a therapist for each person. *All prices listed are per person.*

50 minutes	\$150	Saturday	\$160
Deep tissue	\$161	Saturday	\$171
80 minutes	\$183	Saturday	\$193
Deep tissue	\$194	Saturday	\$204

### **MATERNITY MESSAGE**

Allow our expert therapists to nurture the expectant mother with soothing massage strokes to ease fatigue and muscle tension, while utilizing body support cushions to provide the ultimate in comfort.

50 minutes	\$150	Saturday	\$160
80 minutes	\$183	Saturday	\$193

### **MESSAGE ENHANCEMENT**

Upgrade your massage experience with your choice of aromatherapy essential oils.

\$12



## SPECIALTY MASSAGES

### ELEMENTAL JOURNEY MASSAGE - NEW

This service incorporates heated Himalayan and basalt stones, along with energy supportive gem stones, for a detoxifying, remineralizing and energizing treatment. Experience the benefit of reflexology points on hands and feet.

50 minutes    \$150                      Saturday    \$160

### BAMBOO BLISS

Melt away tension through the skillful manipulation of warm, smooth bamboo sticks. This full-body massage uses strokes similar to a Swedish-style massage with the combined effect of deeper work. *Not recommended during pregnancy.*

80 minutes    \$183                      Saturday    \$193

### AROMATHERAPY MASSAGE

After a brief consultation, your therapist will help you choose a blend of essential oils to perform a personalized aromatic massage.

*Not recommended during pregnancy. Time includes consultation.*

80 minutes    \$189                      Saturday    \$199

### GREAT LAKES STONE MASSAGE™

This specialty treatment utilizes smooth, heated basalt stones combined with classic Swedish techniques. The absorption of heat deeply relaxes tight muscles and melts away stress. *Not recommended during pregnancy.*

80 minutes    \$189                      Saturday    \$199

### DETOX DE'LITE TREATMENT

Beginning with a dry-body brushing to boost circulation, this treatment features cold and warm stones, a warming body oil and pressure point stimulation to promote wellness and relaxation. *Not recommended during pregnancy.*

80 minutes    \$183                      Saturday    \$193

## HYDROTHERAPY TREATMENTS

*Salus per Aquam*, a Latin translation for health through water. Generally speaking, heat is used to quiet and soothe the body and slow down the activity of internal organs. Cold is used to stimulate and invigorate, increasing internal activity within the body.

### **ALL THINGS SCOTLAND - NEW**

Experience Scotland and the North Sea. A seaweed wrap and sea salt exfoliation leaves your skin smooth and invigorated. Enjoy the warm rain of our KOHLER® Custom Vichy shower and leave relaxed with a hot seashell moisturizing application.

80 minutes    \$189                      Saturday    \$199

### **LAVENDER RAIN - SIGNATURE TREATMENT**

Lavender and eucalyptus exfoliation awakens the body, and a warm rinse under our KOHLER Custom Vichy shower soothes it. This signature treatment includes a full-body moisturizer and warm-stone treatment on the back and feet.

50 minutes    \$148                      Saturday    \$158

### **RAIN MAN**

Designed for men, this warm KOHLER Custom Vichy shower experience includes hot stones on the back and feet, a full-body exfoliation and our signature John Michael Kohler™ moisturizer.

50 minutes    \$141                      Saturday    \$151

### **BAMBOO CONTOURING DRIZZLE**

Illuminate your body from head to toe with this results-driven treatment that refines and firms while promoting detoxification. Our brightening scrub, slimming serum and firming cream help contour the body.

50 minutes	\$141	Saturday	\$151
80 minutes	\$189	Saturday	\$199

### **SEASONAL SENSATION**

Using a fragrant body scrub to enhance the feel of the season, a scotch hose water treatment from feet to neck traces the meridian lines of the body. A pressure point facial, scalp massage and final-touch body butter application revive the senses.

80 minutes	\$189	Saturday	\$199
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## ENERGY THERAPIES

### CRANIOSACRAL THERAPY

This therapy includes a gentle, hands-on method of evaluating and enhancing the function of your craniosacral system, a physiological body system comprised of membranes and cerebrospinal fluid that protects the brain and spinal cord. Using a delicate touch, the therapist helps your body release restrictions in the craniosacral system to improve the functioning of your central nervous system. Beneficial for migraines, chronic fatigue, TMJ disorders, stress and fibromyalgia. *Craniosacral therapy is subject to availability.*

*Time includes consultation.*

80 minutes    \$167                      Saturday    \$177

#### DID YOU KNOW

*Decades before Kohler Waters Spa opened its doors, the gentle scent of hollyhocks filled the Village of Kohler. In the 1920s, a garden society founded by Marie, Evangeline and Lillie Kohler chose the statuesque, colorful hollyhock as the official village flower. Each spring, the society presented a packet of seeds to each family throughout the village, beautifying neighborhoods with this stunning perennial. Look for the beautiful hollyhocks while visiting Destination Kohler during late summer.*

## KOHLER BATHING

All bathing treatments include restorative properties for remineralization.

### **KOHLER BATH**

This relaxing treatment calms your nervous system and enhances your sleep quality. A dry-body brushing is performed prior to your slipping into the VibraAcoustic® bath, offering a unique blend of music and sound vibrations for a soothing bathing experience.

50 minutes    \$103                      Saturday    \$113

### **EXPRESS SOAK WITH MASSAGE**

The ultimate stress reliever features a dry-body exfoliation that warms and relaxes the muscles prior to a 50-minute massage.

80 minutes    \$199                      Saturday    \$209

### **EXPRESS SOAK WITH DEEP TISSUE MASSAGE**

80 minutes    \$210                      Saturday    \$220

## FACIALS

All Kohler Waters Spa facials include cleansing, toning, exfoliation, extractions (optional) and facial massage with hand and foot hydration. Aestheticians also provide a personal evaluation to assess your skin care needs.

### URBAN REPAIR FACIAL - NEW

Big city exposure to pollutants, free radicals and UV damage are reversed in this antioxidant facial. Concentrated, nourishing oils; serums and plant essences rescue and repair cellular structure restoring the skin's wellness and radiance.

50 minutes    \$167                      Saturday    \$177

30-minute add-on Dermaplane or Microcurrent/ LED Red Light Therapy \$45

### KOHLER WATERS FACIAL - SIGNATURE TREATMENT

Customized for you, this luxurious treatment increases hydration, firms and tones. Antioxidants nourish the skin and leave a vibrant glow.

*Not recommended during pregnancy.*

80 minutes    \$204                      Saturday    \$214

### MICRO-CURRENT LIFTING FACIAL

LED red light and impulse micro-currents awaken cell function, accelerate cell repair and re-educate muscle tone. Infusions of essential nutrients are applied with cutting-edge transdermal technology. *Not recommended if you have certain medical conditions. Your skin care professional will provide a medical intake prior to performing this treatment.*

80 minutes    \$204                      Saturday    \$214

### CLASSIC FACIAL

This deep-cleansing facial will be suited to your needs with a correcting or marine/botanical line. Tailored to address dry, oily, sensitive and mature skin types.

50 minutes    \$167                      Saturday    \$177

30-minute add-on Dermaplane or Microcurrent/ LED Red Light Therapy \$45

## SPECIALTY FACIALS

### DERMAPLANE FACIAL TREATMENT - NEW

A simple and safe procedure, dermaplaning exfoliates the epidermis and rids the skin of fine vellus hair. Using a scalpel and a delicate touch, we remove the top layer of dead skin with light feathering strokes.

50 minutes	\$167	Saturday	\$177
Glycolic peel	\$173	Saturday	\$183
30-minute add-on Microcurrent/ LED Red Light Therapy			\$45

### ADVANCED CORRECTING FACIAL

This treatment resurfaces damaged skin cells to open pathways for the nourishing benefits of an exclusive SGF-4 (skin growth factor proteins) technology with the use of a glycolic peel. Collagen is stimulated, and fine lines and wrinkles are plumped for a smoother, refined appearance.

50 minutes	\$167	Saturday	\$177
30-minute add-on Dermaplane or Microcurrent/ LED Red Light Therapy			\$45

### MICRODERMABRASION TREATMENT

Aging, acne-prone, blotchy or sun-damaged skin will benefit from this treatment which promotes cellular turnover for a refreshed and radiant glow.

*Not recommended for those with autoimmune system disorders or active rosacea.*

50 minutes	\$167	Saturday	\$177
Glycolic peel	\$173	Saturday	\$183
30-minute add-on Microcurrent/ LED Red Light Therapy			\$45

## FACIAL ENHANCEMENTS

### **NŪFACE BROW LIFT TREATMENT**

Microcurrent technology provides instant toning and stimulation for an instant brow lift.

\$30

### **EYE RESCUE**

This invigorating treatment smoothes, hydrates and firms your eye area to relieve the appearance of fatigue and fine lines.

\$30

### **PURE VITAMIN C\***

Looking for immediate results? This antioxidant treatment instantly smoothes your skin and stimulates collagen production.

\$30

### **INTENSIVE REPAIR\***

Highly concentrated, this cell rejuvenation treatment uses healing nutrients to improve skin color and texture.

\$30

### **NŪFACE FULL FACE TREATMENT**

\$40

*\*Remaining ampoule product is yours to use at home.*

## BODY TREATMENTS

Exfoliation improves the texture of the skin, helps reduce lines and allows deeper absorption of moisturizers and antioxidants.

*Shaving is not recommended prior to body exfoliation treatments.*

*Body treatments are not recommended during pregnancy.*

### **URBAN DETOXIFYING WRAP - NEW**

A head-to-toe experience begins with a Dead Sea moor mud application combined with a remineralizing sea salt exfoliation. Fall asleep as you are wrapped and begin your detoxifying service. Renew with a relaxing mini facial to hydrate and remove dead skin cells. You will be awakened by a warm stone moisture application to complete this service.

80 minutes    \$188                      Saturday    \$198

### **KOHLER WATERS WRAP - SIGNATURE TREATMENT**

This signature body wrap starts with a gentle dry-brush exfoliation before your body is drenched with a warm blend of oils and Chinese herbs. While cocooned in warmth, a scalp and facial massage completes this service.

80 minutes    \$193                      Saturday    \$203

### **SEA LIME SIGH**

This treatment is the most thorough body exfoliation and is great for the driest skin. Warm oil and lime salts exfoliate and invigorate, followed by a rich shea butter that will leave your skin smooth and hydrated.

50 minutes    \$158                      Saturday    \$168

## PEDICURES

All manicures and pedicures include nail shaping, filing, cuticle cleanup, massage techniques and polish/buff application.

### LAVENDER DREAMS PEDICURE - NEW

An invigorating pedicure experience incorporating lavender-scented salts. This blend of oil and salts removes dry skin, stimulates circulation, firms and softens for a beautiful glow. This treatment includes all nail maintenance along with a hydrating massage.

50 minutes      \$79                  French Polish      \$89

### NEAT FEET PEDICURE - SIGNATURE TREATMENT

Re-energize overworked feet with a warming salt scrub exfoliation. Warm stones are placed between the toes to soothe and relax.

50 minutes      \$79                  French Polish      \$89

### ROCKIN' MOROCCAN PEDICURE

The ultimate pedicure for hydrating and revitalizing. After a softening soak, enjoy an exfoliating polish, foot and leg mask with heated slippers, and a soothing foot and leg massage.

50 minutes      \$79                  French Polish      \$89

### QUENCH PEDICURE

Enjoy a quenching aromatic pedicure with your choice of scent. Organic salt scrub and shea butter leave your feet feeling renewed.

50 minutes      \$79                  French Polish      \$89

### **HEALTHY SOLES PEDICURE**

The ultimate treatment for callused feet, this pedicure will leave your feet feeling revived and refreshed. Includes multiple exfoliations, along with relaxing massage techniques of the foot and leg.

80 minutes    \$97                      French Polish    \$107

### **TOTALLY NAILS COMBO**

Enjoy the Neat Feet Pedicure and Healthy Hands Manicure.

75 minutes    \$103

100 minutes    \$122                      French Polish    \$132

### **TOTALLY QUENCH COMBO**

Enjoy the Quench Pedicure and Quench Manicure.  
*75 minutes includes Quench Pedicure and Express Manicure.*

75 minutes    \$103

100 minutes    \$122                      French Polish    \$132

## MANICURES

### MOROCCANOIL MANICURE - NEW

Revitalize your skin and stimulate your senses. This unique and luxurious orange peel scrub gently exfoliates your skin preparing it for the rich and hydrating effect of Moroccan oil honey-lavender-scented intense hydrating treatment.

50 minutes      \$64                  French Polish    \$74

### HEALTHY HANDS MANICURE - SIGNATURE TREATMENT

This luxurious manicure is the perfect facial for the hands. Complete this service with an exfoliation to the hands, followed by an ultra-rich moisturizer.

50 minutes      \$64                  French Polish    \$74

### SHELLAC TREATMENTS

Fourteen days of durability are provided by this hybrid product with UV technology. The UV cure takes minutes with no lengthy dry time.

First-Time Shellac - application is applied on natural nails

50 minutes      \$68

Shellac Maintenance - shellac is removed and reapplied

50 minutes      \$78

### QUENCH MANICURE

Experience a quenching manicure with your choice of scent. Organic shea butter completes the quenching hand treatment.

50 minutes      \$64                  French Polish    \$74

## TESTIMONIAL

“The spa services, technicians and staff are the BEST. So professional, so knowledgeable, so personable. The focus on customer service and excellence is apparent.”



## FOR MEN

### WOODSMAN MASSAGE

Several therapeutic massage techniques are used to reduce tension, alleviate muscular pain and increase flexibility. The healing properties of pine will leave you relaxed and recharged. *80-minute massage includes back exfoliation.*

50 minutes	\$150	Saturday	\$160
80 minutes	\$183	Saturday	\$193

### RAIN MAN

This warm KOHLER® Custom Vichy shower experience includes hot stones on the back and feet, a full-body exfoliation and our signature John Michael Kohler™ moisturizer.

50 minutes	\$141	Saturday	\$151
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### GENTLEMAN'S FACIAL

Designed for men, this treatment will leave you with clean, smooth and soft skin.

50 minutes	\$167	Saturday	\$177
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### FOOT RENEWAL PEDICURE

Includes hydrating mask, cuticle refresh, foot filing and nail shaping, followed by a foot massage to renew the feet.

50 minutes	\$79
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### GENTLEMAN'S HAND RENEWAL

Hands are treated with a mask and wrapped in warm mitts to provide relaxation. A cuticle and nail treatment is followed by a hand massage.

25 minutes	\$42
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## MAKEUP

### CUSTOM MAKEUP CONSULTATION

Learn tips on how to apply mineral makeup to complement your skin type, and discover different ways to create your desired look for day or evening.

50 minutes    \$63

#### TESTIMONIAL

“ I have always had the best experience while I am there. My girlfriends loved everything also. This was their first experience, and they described their massages as out-of-body experiences. We all had a great, relaxing time. ”

## WAXING SERVICES

### 15 MINUTES

Brow tint	\$22
Lash tint	\$27
Lip only	\$16
Chin only	\$19
Underarms	\$32

### 25 MINUTES

Brow shape	\$32
Full arm	\$63
Half arm	\$32
Half leg	\$63
Bikini	\$63

### 50 MINUTES

Full leg	\$104
Brazilian	\$83
Back	\$63

### 80 MINUTES

Full leg with bikini	\$150
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## EXPRESS SERVICES

Twenty-five-minute services are perfect for the time-crunched spagoer who needs a quick treatment. *Express services are available Monday–Friday only. Pick two and receive 10% off, pick three for 15% off and pick four for 20% off.*

### **BURST OF RADIANCE FACIAL**

When time is of the essence, this facial does it all: exfoliation, cleansing, hydrating mask and moisturizer.

\$90

### **CUSTOM MASSAGE**

Experience an express treatment for the neck, back and shoulders customized to your needs.

\$90

### **PEDI-ON-THE-GO\***

Touch up your toes in quick time. Includes a foot soak, cuticle maintenance, nail shaping and polish. *French polish not available.*

\$53

### **MANI-ON-THE-GO\***

Mini nail service includes a hand soak and brief filing, followed by a finishing-touch polish. *French polish not available.*

\$42

*\*Available seven days a week.*

### **SHELLAC REMOVAL**

Shellac is removed back to natural nails. Includes nail shaping, buffing and brief hand massage. *Not able to remove other nail enhancements including No Chip, Brisa and Axxium.*

\$42

### **COLOR MATCH MAKEUP CONSULTATION**

Learn more about our mineral makeup line while a member of our team color matches your skin tone to the perfect foundation.

\$37

### *TESTIMONIAL*

“ *Your spa is beautiful and the level of service is amazing. I was made to feel comfortable with the service, and the facilities are very beautiful and clean.* ”

## SPA INFORMATION

### FACILITY HOURS

Monday - Wednesday	8:30am - 8pm	Spa Services 9am - 7pm
Thursday - Saturday	8:30am - 9pm	Spa Services 9am - 8pm
Sunday	8:30am - 6pm	Spa Services 9am - 5pm

### AGE REQUIREMENT

All guests be must be 16 years of age.

### ADVANCE APPOINTMENTS

Demand for spa services is high, especially on weekends and holidays. We highly recommend making a reservation several weeks in advance of your desired date and time.

### SATURDAY SERVICE REQUIREMENTS

We strive to ensure guests have a five-star spa experience which includes ample places to sit and enjoy the spa's relaxation areas without overcrowding. The service requirements provide ample guest flow on our busy days. If time is limited, you may consider scheduling your spa services on a Friday or Sunday which offers the option to purchase one spa service per person.

Minimum requirements are:

Saturdays - two services per person. Service(s) defined as a 50- or 80-minute service.

### CANCELLATIONS

As a courtesy to all spa guests, cancellations must be made 24 hours in advance of your appointment time. Failure to do so will result in the full service rate charged to your account. If you are running late, a phone call is always appreciated. We will reschedule your appointment, if possible. If we are not able to reschedule your appointment time, your services will begin as previously scheduled. Your arrival time will determine the length of your treatment time, which will end as scheduled, so the next guest may begin promptly.

## **WHAT TO BRING**

You will need to bring your swimsuit for the Circle of Tranquility water experience room. Robes and towels are provided to all guests. We suggest leaving valuable jewelry at home.

## **GRATUITY**

For your convenience, a 20 percent gratuity is automatically applied to your bill and distributed to the staff. You are welcome to adjust these charges at any time.

## **GROUPS**

We welcome groups to enjoy the spa. For groups of five or more desiring spa services and activities, please contact the Spa Group Coordinator. Some date restrictions apply. Please call 630-323-7674.

## **TECHNOLOGY ETIQUETTE**

To maintain relaxation and quiet within the spa and in consideration of all guests, talking on cell phones or use of camera feature is prohibited.

## **SPA ETIQUETTE**

To maintain relaxation and a quiet, serene environment, please use low voices out of respect to the guest experience.

## **CHECK-IN**

We recommend that you arrive a minimum of 30 minutes prior to your first treatment. Arriving late may result in a shortened service. To ensure your safety and comfort, we encourage you to disclose any pertinent health conditions that may affect your spa experience. Give yourself time before your treatments to enjoy the Circle of Tranquility water experience room. Outside food and beverages, including alcohol, cannot be brought into the spa.

## **GIFT CARDS**

Gift cards are available for purchase at Kohler Waters Spa at Burr Ridge, at [KohlerWatersSpa.com](http://KohlerWatersSpa.com) or by calling 866-928-3777. Gift cards are redeemable at spa locations in Kohler, Wis., and Burr Ridge.

## **SPA ONLINE STORE**

For a complete selection of Kohler Waters Spa signature Hollyhock bath and body products, facial and hair products and spa gifts, please visit [KOHLErAtHome.com](http://KOHLErAtHome.com)

## **RETURN POLICY**

Spa products may be exchanged, or credit will be given in the form of a gift card within 30 days of purchase.

## **E-NEWSLETTER**

We invite you to receive email communications featuring special offers and upcoming events at Kohler Waters Spa. Subscribe to our e-newsletter at [KohlerWatersSpa.com](http://KohlerWatersSpa.com)

## **EXPERIENCE OUR OTHER SPA LOCATIONS**

Kohler Waters Spa at The American Club®  
Kohler, Wisconsin

Kohler Waters Spa at the Old Course Hotel  
St Andrews, Scotland



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S P A.

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AT BURR RIDGE

 /KohlerWatersSpa #KohlerWatersSpa

775 Village Center Drive, Burr Ridge, Illinois 60527  
630-323-7674 **KOHLERWATERSSPA.COM**

Prices effective through 5/1/2017. Prices, policies and  
services are subject to change without notice.

