

# SUPER STRAWBERRY SHAKE

## WHAT YOU'LL NEED

- 2 tbsp Heaped frozen chopped banana
- 1 tbsp Heaped frozen strawberries
- 200mls Apple juice
- 1 Dash amaretto

## WHAT TO DO

1. Blitz the banana and strawberries until smooth and thick – then add the amaretto.



OLD COURSE HOTEL  
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A KOHLER EXPERIENCE