

FRUITY GREEK SALAD

WHAT YOU'LL NEED

- 100g Rocket
- 100g Mixed Leaf Salad
- Chinese leaf Lettuce (stalks removed and leaves torn)
- 500g Feta Cheese (diced)
- Papaya (diced)
- Mango (diced)
- Nashi Pear (diced)
- Kalamata Olives (stoned and Halved)
- 50g Roasted Pine nuts

Dressing:

- 60mls Honey Mustard
- 60mls orange Juice
- 30g Caster Sugar
- 60mls White Wine Vinegar
- 180mls Olive Oil
- Green Chilli (seeded)
- Red Chilli (seeded)

WHAT TO DO

1. Prepare all the ingredients ready to assemble.
2. Place all the ingredients for the dressing in a food processor and blitz till smooth, strain and reserve.
3. Mix together the lettuce ingredients, the pine nuts and half of the fruit and place in the bottom of your bowl or container.
4. Scatter the remaining fruit, the olives and the diced feta on top and serve with hot chilli and orange dressing.



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