

# SMOOTHIE MENU

## SMOOTHIES

16 oz \$7

### OJ Frost

orange juice, orange sherbet, vanilla frozen yogurt

### Berry Berry Tart

strawberries, blueberries, raspberries, lemonade, apple juice, vanilla frozen yogurt

### Springtime Dreamer

strawberries, raspberries, orange juice, vanilla frozen yogurt, orange sherbet

### Post-Workout Power Up

pineapple, banana, ginger, almond milk, vanilla frozen yogurt

### Red, White & Blue

strawberries, blueberries, banana, almond milk, ice

### Choco Berry Blaster

strawberries, chocolate whey protein, almond milk, ice

### Banana Blaster

banana, vanilla whey protein, almond milk, ice

### Green Smoothie

baby spinach, green grapes, banana, ginger, apple juice, ice

### Pack Attack

baby spinach, wheatgrass, mango, banana, pineapple juice, ice

### Chunky Monkey

banana, chocolate, peanut butter, almond milk, vanilla frozen yogurt

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## SMOOTHIE BOOSTERS

<b>Energy</b> ginseng & vitamin B	\$1
<b>Power</b> plant/whey protein & vitamin B12	\$1.75
<b>Immunity</b> zinc & vitamin C	\$1
vanilla or chocolate whey protein	\$1.50
milk, zinc, vitamin B or vitamin C	\$1

# CAFE MENU

## COFFEE

*Extra Espresso Shot* \$0.50

*Milk Substitutes* \$0.50

*Flavor Shot* \$0.50

**Latte**                      **12 oz \$2.95**                      **20 oz \$3.75**

**Iced Latte**                      **16oz \$3.50**

**Chai Latte**                      **12 oz \$3**                      **20 oz \$4**

**Iced Chai Latte**                      **16oz \$3.25**

**Mocha**                      **12 oz \$3**                      **20 oz \$4**

**Iced Mocha**                      **16oz \$3.25**

**Americano**                      **12 oz \$2.50**                      **20 oz \$3**

**Red Eye**                      **12 oz \$2.95**                      **20 oz \$3.50**

**Whipped Coffee**                      **20 oz \$4**