

MENU OF SERVICES

2015-2016

K O H L E R
Waters
S P A_®





2015 FORBES FIVE-STAR RECIPIENT.
ONE OF ONLY 48 SPAS WORLDWIDE
WITH THIS DISTINCTION.

2015

Forbes
TRAVEL GUIDE



WELCOME TO KOHLER WATERS SPA

Water is essential to life. As water ebbs and flows, so do our lives. At Kohler Waters Spa we help you de-stress, reconnect and take care of you.

Immerse yourself in innovative water treatments, therapeutic massages and results-oriented facial and body treatments. Living a life of balance is a gift. Enjoy.

Jean Kolb
Director – Wellness Businesses
Kohler Co.

THE KOHLER WATERS SPA EXPERIENCE

Bring yourself to a place of balance with the ambience and amenities offered at Kohler Waters Spa:

Twenty-one treatment rooms

A two-gether treatment room
for couples

Two Vichy/hydrotherapy rooms

Three bathing rooms

Relaxation pool with
eight-foot waterfall

Co-ed lounge located on the
enclosed rooftop deck with
16-foot fireplace, whirlpool
and skylights

Separate men's and women's
respite rooms, with lockers and
relaxation area, including cool
plunge pool, whirlpool, steam
and sauna

Relaxation lounges with
complimentary spa snacks
and beverages

Spa lunch available
11am-3pm daily

MASSAGE THERAPIES

WOODSMAN MASSAGE – NEW

Designed for men, this service combines several therapeutic massage techniques to reduce tension, alleviate muscular pain and increase flexibility. Incorporating the healing properties of pine, you will leave relaxed and recharged. *80-minute massage includes back exfoliation.*

50 minutes	\$155	Saturday	\$180
80 minutes	\$205	Saturday	\$230

ALL THINGS KOHLER MASSAGE – SIGNATURE TREATMENT

Discover A KOHLER Experience®, from a relaxing footbath in a KOHLER® custom-made sink to a harmonious full-body massage.

80 minutes	\$215	Saturday	\$240
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CUSTOM MASSAGE

A massage customized to meet the wellness needs of your body.

50 minutes	\$155	Saturday	\$180
80 minutes	\$205	Saturday	\$230

MASSAGE TWO-GETHER

You and a friend or partner will experience spa services together with a therapist for each person.

50 minutes	\$155 <i>per person</i>	Saturday	\$180 <i>per person</i>
80 minutes	\$205 <i>per person</i>	Saturday	\$230 <i>per person</i>

MATERNITY MASSAGE

Enjoy a nurturing, soothing massage to ease fatigue and muscle tension during this special time.

50 minutes	\$155	Saturday	\$180
80 minutes	\$205	Saturday	\$230



SPECIALTY MASSAGES

BAMBOO BLISS – NEW

Melt away tension through the skillful manipulation of warm bamboo. This full-body massage uses strokes similar to a Swedish-style massage with the combined effect of deeper work.

Not recommended during pregnancy.

80 minutes \$205 Saturday \$230

DETOX DE'Lite TREATMENT

Beginning with a dry-body brushing to boost circulation, this treatment features cold and warm stones, a warming body oil and pressure point stimulation to promote wellness and relaxation.

80 minutes \$205 Saturday \$230

GREAT LAKES STONE MASSAGE™

Release tension and promote balance with sweeping strokes of heated stones. *Not recommended during pregnancy.*

50 minutes \$166 Saturday \$191

ROCK 'N' ROLL MASSAGE

A full-body therapeutic experience designed to increase range of motion and deliver deep relaxation. Using the unique WaveMotion bodywork table, this massage creates the sensation of weightless movement through stretches and specific techniques.

Please wear comfortable, loose-fitting attire.

50 minutes \$155 Saturday \$180

AROMATHERAPY MASSAGE

After a brief consultation, your therapist will help you choose a blend of essential oils to perform a personalized aromatic massage.
Not recommended during pregnancy. Time includes consultation.

80 minutes \$205 Saturday \$230

ENERGY THERAPIES

CRANIOSACRAL THERAPY

This therapy includes a gentle, hands-on method of evaluating and enhancing the function of your craniosacral system, a physiological body system comprised of membranes and cerebrospinal fluid that protects the brain and spinal cord. Using a delicate touch, the therapist helps your body release restrictions in the craniosacral system to improve the functioning of your central nervous system. Beneficial for migraines, chronic fatigue, TMJ disorders, stress and fibromyalgia. *Craniosacral therapy is subject to availability.*

Time includes consultation.

50 minutes \$155 Saturday \$180

TESTIMONIAL

“ Your spa is beautiful and the level of service is amazing. I was made to feel comfortable with the service, and the facilities are very beautiful and clean. ”

HYDROTHERAPY TREATMENTS

Salus per Aquam, a Latin translation for health through water.

Generally speaking, heat is used to quiet and soothe the body and slow down the activity of internal organs. Cold is used to stimulate and invigorate, increasing internal activity within the body.

MAGNIFICENT WRAP – NEW

Drift away to relaxation with a full-body exfoliation, remineralizing magnesium bathing experience and your choice of a seaweed or mud body wrap. The finishing touch, a hydrating moisturizer, will leave you rejuvenated and remineralized.

80 minutes \$215 Saturday \$240

RAIN MAN – NEW

Designed for men, this warm KOHLER® Custom Vichy shower experience includes hot stones on the back and feet, a full-body exfoliation and our signature John Michael Kohler™ moisturizer.

50 minutes \$170 Saturday \$195

LAVENDER RAIN – SIGNATURE TREATMENT

Lavender and eucalyptus exfoliation awakens the body, and a warm rinse under our KOHLER Custom Vichy shower soothes it. This treatment includes a full-body moisturizer and warm stone treatment on the back and feet.

50 minutes \$180 Saturday \$205

BAMBOO CONTOURING DRIZZLE

Illuminate your body from head to toe with this results-driven treatment that refines and firms while promoting detoxification. Brightening scrub, slimming serum and firming cream help contour the body.

50 minutes	\$170	Saturday	\$195
80 minutes	\$215	Saturday	\$240

CITRUS REVIVER

Contrasting cool elements with a warm KOHLER® Custom Vichy shower invigorate the senses with grapefruit, clementine and lime aromatherapies. A pressure point facial massage and cool-stone eye treatment help relieve congestion.

50 minutes	\$170	Saturday	\$195
80 minutes	\$215	Saturday	\$240

H₂O INSPIRATION

A Moroccanoil hair masque, full-body exfoliation and WaterTile® body spray showering experience by Kohler begin your inspiration. Enter the nurturing jets of the RiverBath® to increase circulation and invigorate the body.

80 minutes	\$215	Saturday	\$240
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TESTIMONIAL

“ I have always had the best experience while I am there. My girlfriends loved everything also. This was their first experience, and they described their massages as out-of-body experiences. We all had a great, relaxing time. ”

KOHLER BATHING

Experience the healthy benefits of bathing for improved sleep and overall well-being.

ACOUSTIC BATH

VibraAcoustic® technology by Kohler offers a unique blend of music and sound vibrations for a relaxing bathing experience. A body exfoliation, KOHLER® Custom Vichy shower rinse and moisturizer stimulate and hydrate the skin.

50 minutes \$102 Saturday \$127

HARMONY BATH

Gentle and pure, slip into the Tea-for-Two® bath by Kohler with body and neck jets to soothe. A body exfoliation, KOHLER Custom Vichy shower rinse and moisturizer stimulate and hydrate the skin.

50 minutes \$102 Saturday \$127

TESTIMONIAL

“ We stayed at the Carriage House. What a great place. Front desk staff of spa made us feel good right away. We received great services. The place is so clean looking and well-kept. We spent our anniversary in a good place. Thanks to all. ”

RIVERBATH®

The RiverBath by Kohler embraces you with the nurturing flow of river currents and soft color hues. A body exfoliation and moisturizer detoxify and hydrate the skin.

50 minutes \$122 Saturday \$147

RIVERBATH FOR TWO

50 minutes \$122 *per person* Saturday \$147 *per person*

RIVERBATH WITH MASSAGE

Includes a bath followed by a Custom Massage for complete relaxation.

80 minutes \$229 Saturday \$254

RIVERBATH WITH MASSAGE FOR TWO

The best of both worlds. Enjoy a RiverBath followed by a Custom Massage for two.

80 minutes \$229 *per person* Saturday \$254 *per person*

TESTIMONIAL

“ From the moment we arrived, our visit was excellent. Your staff at the Waters Spa, both hotel check-in and the spa was outstanding. We had a memorable experience. Thank you. ”

FACIALS

All Kohler Waters Spa facials include cleansing, toning, exfoliation, extractions (optional) and facial massage with hand and foot hydration. Aestheticians also provide a personal evaluation to assess your skin care needs.

50-MINUTE FACIAL UPGRADE OPTIONS - NEW

Upgrade any 50-minute facial to 80 minutes by adding dermaplaning or the Micro-Current Lift.

Dermplaning - A simple and safe procedure, dermaplaning exfoliates the epidermis and rids the skin of fine vellus hair. Using a scalpel and a delicate touch, we remove the top layer of dead skin with light feathering strokes.

Micro-Current Lift - Customized to specific areas of the face, the Micro-Current Lift helps tone and tighten muscle tissue to make the skin look smooth and youthful. It features red light therapy to help stimulate collagen and healing. *24-hour advance notice required.*

30-minute add-on option \$45

KOHLER WATERS FACIAL - SIGNATURE TREATMENT

Customized for you, this luxurious treatment increases hydration, firms and tones. Antioxidants nourish the skin and leave a vibrant glow.

Not recommended during pregnancy.

80 minutes	\$198	Saturday	\$223
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MICRO-CURRENT LIFTING FACIAL

LED red light and impulse micro-currents awaken cell function, accelerate cell repair and re-educate muscle tone. Infusions of essential nutrients are applied with cutting-edge transdermal technology. *Not recommended if you have certain medical conditions. Your skin care professional will provide a medical intake prior to performing this treatment.*

80 minutes	\$213	Saturday	\$238
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ADVANCED TRANSFORMATION FACIAL

This treatment resurfaces damaged skin cells to open pathways for the nourishing benefits of an exclusive SGF-4 (skin growth factor proteins) technology with the use of a glycolic peel. Collagen is stimulated, and fine lines and wrinkles are plumped for a smoother, refined appearance.

50 minutes \$170 Saturday \$195

MICRODERMABRASION TREATMENT

Aging, acne-prone, blotchy or sun-damaged skin will benefit from this treatment, which promotes cellular turnover for a refreshed and radiant glow. *Not recommended for those with autoimmune system disorders or active rosacea.*

50 minutes \$170 Saturday \$195
With glycolic peel \$176 Saturday \$201

CLASSIC FACIAL

Customizable, this deep-cleansing facial will be suited to your needs with a correcting or marine/botanical line. Tailored to address dry, oily, sensitive and mature skin types.

50 minutes \$170 Saturday \$195



BODY TREATMENTS

Exfoliation improves the texture of the skin, helps reduce lines and allows deeper absorption of moisturizers and antioxidants.

Shaving is not recommended prior to body exfoliation treatments.

Body treatments are not recommended during pregnancy.

KOHLER WATERS WRAP – SIGNATURE TREATMENT

Detoxify your body and drench it in moisture. Our signature wrap will leave you relaxed and renewed.

80 minutes \$204 Saturday \$229

RESCUE ME TONING

This unforgettable head-to-toe body wrap and mini facial in one tones and firms, while rich agave nectar oil nourishes and hydrates.

80 minutes \$198 Saturday \$223

SEA LIME SIGH

Warm oil and lime salts exfoliate to reveal smoother, hydrated and invigorated skin.

50 minutes \$171 Saturday \$196

PEDICURES AND MANICURES

All manicures and pedicures include cuticle and nail shaping, filing, massage techniques and polish application.

NEAT FEET PEDICURE - SIGNATURE TREATMENT

Re-energize overworked feet with a warming salt scrub exfoliation. Warm stones are placed between the toes to soothe and relax.

50 minutes \$104 French Polish \$114

ROCKIN' MOROCCAN PEDICURE

The ultimate in hydrating and revitalizing, this pedicure begins with an orange-peel scrub to exfoliate the feet and concludes with an aromatic body soufflé for soft, luxurious-feeling feet.

50 minutes \$99 French Polish \$109

FOOT AND LEG TREATMENT

Great for tired, achy feet and legs. This treatment features a relaxing foot soak infused with marine-based salts, followed by a thorough exfoliation and a relaxing massage of the feet and legs.

50 minutes \$99 French Polish \$109

80 minutes \$111 French Polish \$121

HEALTHY SOLES PEDICURE

The ultimate in callus control. Enjoy two foot filings, a citrus sugar scrub and a mask for nourishment. Includes an alpha-hydroxy peel, leg and foot massage, full clean up of the toes and polish application.

80 minutes \$111 French Polish \$121

NU HANDS MANICURE - NEW

This results-oriented service uses red light therapy to give you younger-looking skin. Ideal for preventive skin care, it slows down the aging process and restores a natural, youthful look.

50 minutes \$84 French Polish \$94

HEALTHY HANDS TREATMENT

Following an exfoliation and hand massage, a hydrating lotion is applied to seal in moisture. A paraffin treatment leaves the hands soft and revived.

50 minutes \$84 French Polish \$94

TOTALLY NAILS COMBO

This combination service includes a Neat Feet Pedicure and Healthy Hands Manicure.

Two 50-minute treatments \$169 French Polish \$179

SCALP AND HAIR TREATMENTS

MOROCCAN SCALP AND HAIR TREATMENT

Includes scalp massage with application of Moroccanoil, shampoo and a restorative hydration masque. After a cool-water rinse, hair is towel dried, leaving scalp and hair revitalized.

50 minutes \$91

80 minutes \$122 *Includes a blow dry*

SCALP REVIVAL TREATMENT

Enjoy a shampoo, hair masque and consultation to determine specific product choices. Blow dry and style complete this scalp revival treatment.

80 minutes \$122

HAIR

Women's haircut and style 50 minutes \$76

Shampoo and style 50 minutes \$51

Men's haircut and style 25 minutes \$41

MAKEUP

Color match makeup consultation and application

50 minutes \$66

WAXING SERVICES

Waxing services are available Sunday-Friday.

Eye, lip or chin wax can be added to a 50- or 80-minute facial at any time (see *Facials*).

15 MINUTES

Eye, lip or chin	\$21
Eye and lip (or chin)	\$31

25 MINUTES

Eye, lip and chin	\$46
Underarm	\$36
Arms	\$41
Bikini	\$41
Back	\$61
Half leg	\$61

50 MINUTES

Full leg	\$81
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80 MINUTES

Full leg with bikini	\$102
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EYELASH EXTENSIONS

Enhance the length, thickness and color of eyelashes using NovaLash extensions and adhesives. NovaLash has earned a reputation for being “the healthiest” professional eyelash extension system. A full set of NovaLash extensions requires maintenance every three to four weeks.

Eyelash extension full set	180 minutes	\$327
Eyelash extension maintenance	50 minutes	\$87

SPA TWO-GETHER

H₂O INSPIRATION FOR TWO - SIGNATURE TREATMENT

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80 minutes \$215 *per person* Saturday \$240 *per person*

MASSAGE TWO-GETHER

You and a friend or partner will experience spa services together with a therapist for each person.

50 minutes \$155 *per person* Saturday \$180 *per person*
80 minutes \$205 *per person* Saturday \$230 *per person*

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50 minutes \$122 *per person* Saturday \$147 *per person*

RIVERBATH WITH MASSAGE FOR TWO

The best of both worlds. Enjoy a RiverBath followed by a Custom Massage for two.

80 minutes \$229 *per person* Saturday \$254 *per person*

FOR MEN

WOODSMAN MASSAGE - NEW

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50 minutes	\$155	Saturday	\$180
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50 minutes	\$170	Saturday	\$195
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GENTLEMAN'S SKIN CARE

Designed for men, this treatment will leave you with clean, smooth and soft skin.

50 minutes	\$170	Saturday	\$195
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GOLFER'S FOOT RENEWAL

A self-heating mud masque applied to the feet will re-energize, while a soothing foot massage will renew. A treat for the feet after a memorable day of golf.

50 minutes	\$99
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GENTLEMAN'S HEALTHY HANDS TREATMENT

Following an exfoliation, cuticle cleanup and hand massage, a paraffin masque provides a moisturizing application.

50 minutes	\$84
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KOHLER WATERS SPA EXPERIENCE

A visit to Kohler Waters Spa is your time for personal well-being. Please arrive 30 minutes prior to your first appointment to allow ample time for check-in, changing and relaxing in our serene environment.

SPA HOURS	8:30am - 9pm Monday through Friday 7:30am - 9pm Saturday and Sunday
SPA SERVICES	9am - 8pm Monday through Friday 8am - 8pm Saturday and Sunday
AGE REQUIREMENTS	16 years

SPA APPOINTMENT GUIDELINES

Demand for spa services is high, especially on weekends and holidays. We highly recommend appointments be made several weeks in advance. Resort lodging guests are encouraged to make spa appointments at the time lodging is reserved to ensure desired service times.

SATURDAY SERVICE REQUIREMENTS

We strive to ensure guests have a five-star spa experience which includes ample places to sit and enjoy the spa's relaxation areas without overcrowding. The service requirements provide ample guest flow on our busy days. If time is limited, you may consider spa services on a Friday or Sunday during your weekend stay which offers the option to purchase one spa service per person. Minimum requirements are:

Saturdays, November through April: The American Club® and Inn on Woodlake guests – two services* per person. Carriage House guests – complimentary spa use with one service*.

Saturdays, May through October: The American Club and Inn on Woodlake guests – one service* per person. Carriage House guests – complimentary spa use.

*Service(s) defined as a 50- or 80-minute service.

SPA USAGE FEES

Spa Usage Fees for Guests of the Carriage House: Use of spa amenities is complimentary after your 4pm check-in through your noon checkout. Use of the spa on Saturdays requires a minimum purchase of one service* per person November through April. *Additional holiday service restrictions apply.*

Spa Usage Fees for Guests of The American Club® and Inn on Woodlake: Use of spa amenities requires a spa usage fee of \$50 per person. This fee is waived Monday through Friday with the purchase of one spa service*. The spa usage fee is waived Saturday with the purchase of two spa services*. To use the spa on Saturdays and holidays requires the purchase of two services* November through April.

Spa Usage Fees for Non-Hotel Guests: Use of spa amenities requires the purchase of one spa service* per person Sunday through Friday along with a spa usage fee of \$50 per person. This fee is waived if two or more spa services* per person are purchased. Saturday spa services for non-hotel guests (May through October) will be reserved no more than seven days in advance to allow availability for guests of the hotel. Use of the spa on Saturdays, November through March, requires a hotel stay. *Spa usage fee prices are subject to change without notice.*

CARRIAGE HOUSE GUEST ROOMS

Guest rooms are conveniently located above Kohler Waters Spa. Room amenities include use of Kohler Waters Spa based on seasonal policies, continental breakfast, private guest check-in and concierge services as well as afternoon and evening refreshments. Guests of the Carriage House are encouraged to change into their robes in the comfort of their rooms prior to their visit to the spa. Please leave all personal items in your room.

SPECIAL NEEDS

If you have special medical conditions, are pregnant or have physical challenges, certain treatments are not recommended. Please notify our spa reservationist at the time you make your appointments.

*Service(s) defined as a 50- or 80-minute service.

CANCELLATIONS / LATE ARRIVALS

As a courtesy to all spa guests, cancellations must be made 24 hours in advance of your appointment time. Failure to do so will result in the full-service rate charged to your account. If you are running late, a phone call is always appreciated. We will reschedule your appointment, if possible. If we are not able to reschedule your appointment time, your services will begin as previously scheduled. Your arrival time will determine the length of your treatment time, which will end as scheduled, so the next guest may begin promptly.

GRATUITY

For your convenience, a 20 percent gratuity will be added automatically to service fees at check-in and can be adjusted at any time. No additional gratuities are expected or necessary.

GROUPS

We welcome groups. For a group of five or more desiring spa services and activities, please contact the Kohler Waters Spa Group Coordinator at 920-453-2845. Some date restrictions apply.

GIFT CARDS

Please call 866-WATERSSPA or 866-928-3777 for gift card purchases or go to KOHLERatHome.com.

SPA RETAIL BOUTIQUE

To continue your spa experience at home, our boutique features an array of spa and beauty products and apparel. Most items are also available online at KOHLERatHome.com or via mail order.

SPA ONLINE STORE

For a complete selection of Kohler Waters Spa signature Hollyhock bath and body products, facial and hair products and gifts, visit us online at KOHLERatHome.com.

TECHNOLOGY ETIQUETTE

To maintain relaxation and quiet within the spa and in consideration of all guests, talking on cell phones or use of camera feature is prohibited.

SPA ETIQUETTE

To maintain relaxation and a quiet, serene environment, please use low voices out of respect to the guest experience.

RETURN POLICY

Spa products may be exchanged or credit will be given in the form of a gift card within 30 days of purchase.

E-NEWSLETTER

We invite you to receive email communications featuring special offers and upcoming events at Kohler Waters Spa. Subscribe to our e-newsletter at KohlerWatersSpa.com.

EXPERIENCE OUR OTHER SPA LOCATIONS

Kohler Waters Spa at Burr Ridge Village Center
Burr Ridge, Illinois

Kohler Waters Spa at the Old Course Hotel
St Andrews, Scotland



K O H L E R
Water
S P A.

#DestinationKohler



501 Highland Drive Kohler, Wisconsin 53044
800-344-2838 KOHLERWATERSSPA.COM



Prices effective through 5/1/2016. Prices, policies and services are subject to change without notice.